

**AN INTRODUCTION TO  
SYSTEMS THINKING**

Derek Hitchins

# What is “*Systems Thinking*?”

- Well, simply thinking about the world around us, about situations and problems, and “how things (might/could/should/do) work:”
  - As open, interacting systems, networks of systems and hierarchies of systems...
  - ...of material or immaterial things
- Surprisingly revealing!
- Thinking about emergent properties, capabilities and *behaviours*, how they come about, what benefit they might be, what problems they might create...
- Unravelling the inner workings of complex systems... esp. non-linear—so, real world!

# What about the “*Systems*” in *Systems Thinking*

- But, first, what is a system?
  - Many definitions, try:
  - *A complex organized whole of interacting material or immaterial things...*
    - *complex—organized—whole—interacting*
  - So, a script, car with driver, person, organization, solar system
  - Systems exist, function, behave, show emergent properties...
    - Properties of the whole that cannot be exclusively attributed to any of the parts
      - “the whole is greater than the sum of the parts, the part is greater than a fraction of the whole”  
Aristotle, *Composition Laws*
    - *...cornerstone of systems thinking!*

# What about the “*Systems*” in *Systems Thinking*

- There are different “aspects” of systems
  - Open/closed, hard/soft
  - Self-organized, man-made...
- Closed system has an impenetrable boundary—a theoretical concept used e.g. in thermodynamics
- A hard system is one made from material things, technology, whereas...
- “.. soft” implies human and immaterial, e.g. organizations, human activity systems (HASs), teams...
  - may not always do the same thing, perform the same way, as in “human...”
- ‘Self-organized’ implies naturally-occurring
  - Solar system, flora and fauna, ecosystems, you and me...
  - So, is an organization of people hard, soft or self-organizing?
- Is a car without a driver a system?
  - Or an artefact, a tool to serve a human’s purpose?
- Or is a *car plus driver* a system?
  - This combination is autonomous and purposeful, so...
  - .. could it be a sociotechnical system?

# Levels of Organization

<i>Biology/Anatomy</i>		<i>Man-made Systems</i>
Community	↔	Company
Population	↔	Group
Organism	5	Platform
Organ System	4	System
Organ	3	Subsystem
Tissue	2	Composite
Cell	1	Component

\* Population - all the organisms that belong to the same species, in the same geographical area

\*\* Community - a group of interacting living organisms sharing a populated environment

- Evident parallel between self-organizing, natural systems (left) and...
- Corresponding man-made systems at right
  1. *Tissues* formed from emergent properties (EPs) of groups of *cells*.
  2. *Organs* formed from EPs of groups of *tissues*
  3. *Organ systems* formed from EPs of groups of *organs*
  4. *Organism* formed from EPs of groups of *organ systems*...
- Manmade systems correspond...
- Suggests biological metaphor for systems engineering...

# What about the “*Systems*” in *Systems Thinking*

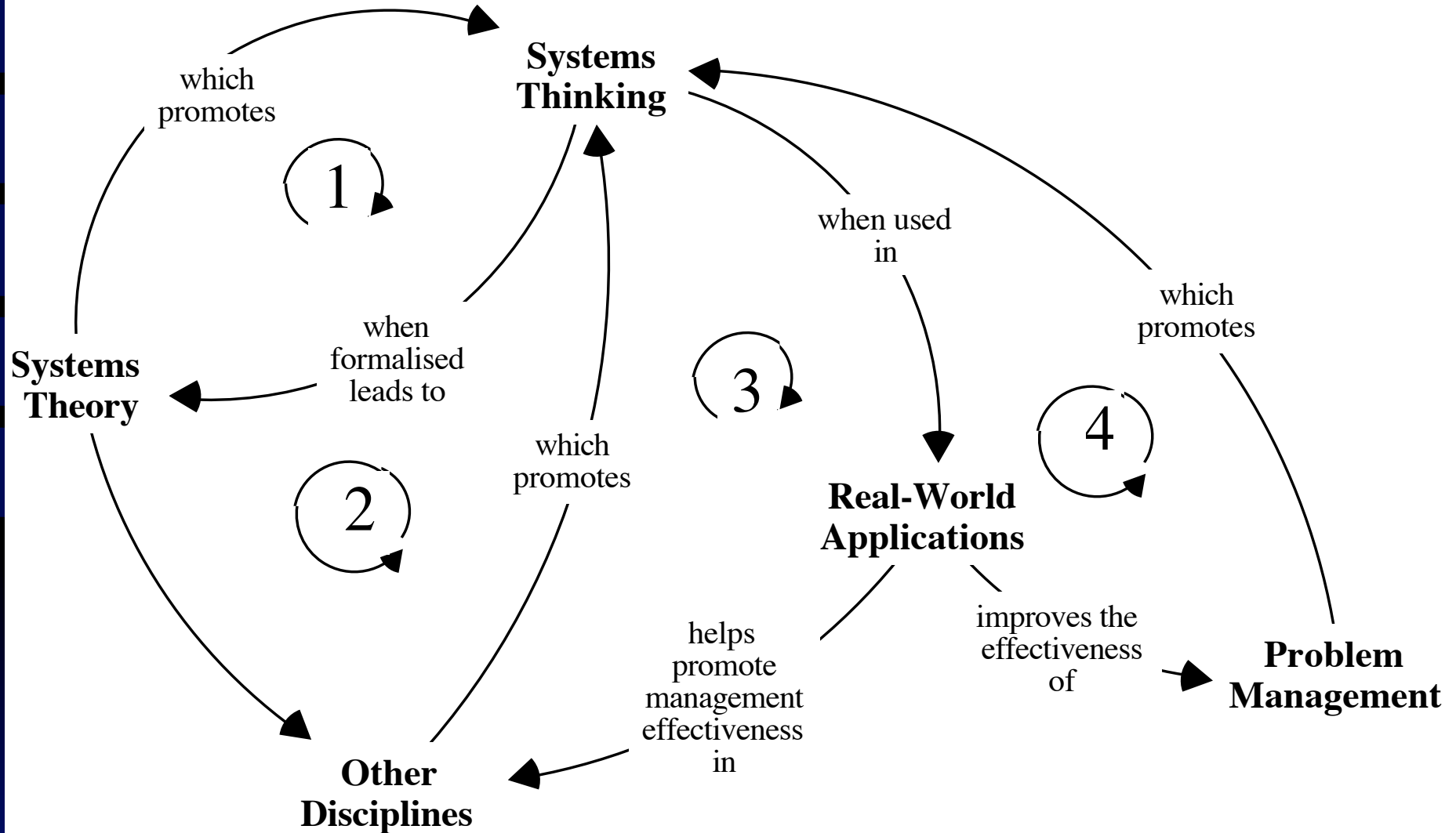
- Systems are generally open, exchanging *energy, information and substance* with other, similarly open, systems
  - so, *a continual flux* through the system
- Systems adapt to the interchange...
- So, systems form networks of interacting systems—systems form hierarchies of systems within systems within systems...
  - .. and all dynamic, shifting, shimmering...

# The Point/Value of Systems Thinking?

- Understand complex/complicated things/situations/problems:
  - Hence explain emergence, behaviour, resolve problematic situations
- Establish systems design requirements:
  - Cooperation, coordination, complementation, concinnity, control—of and between subsystems
  - Flux of energy, information, substance...
- Explain counter-intuitive behaviour, unintended consequences...
  - with a view to avoiding / exploiting!
- Get to the *heart* of the matter!

# The Point/Value of Systems Thinking?

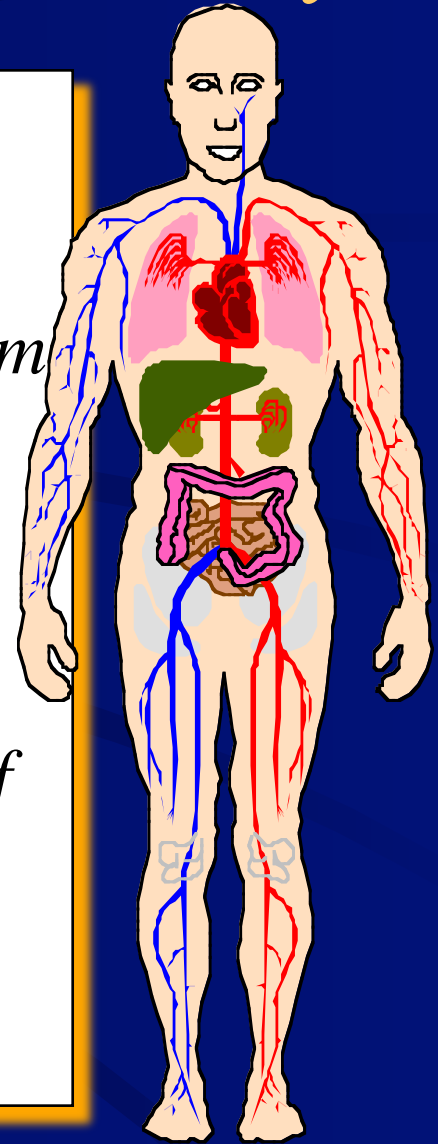
Academic viewpoint...





# The First System Principle and its Corollary

- **First Principle of Systems: —**
  - *The properties, capabilities and behaviours of a system derive both from its parts **and** from the interactions between those parts.*
- **Corollary to the First Principle**
  - *Altering the properties or behaviour of any of the parts, or any of their interactions, affects other parts, the whole system and interacting systems*



How to go about systems thinking...

# METHODS AND METHODOLOGIES

# CAUSAL LOOP MODELLING

...key method for “systems thinking:”  
formulating, sharing, improving,  
completing!

# Cause and Effect

Cause  
↓  
Effect

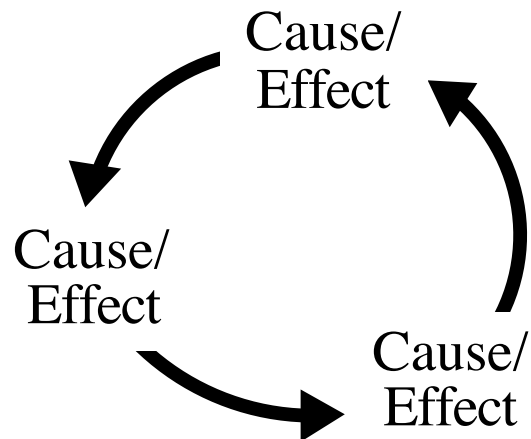
Cause  
↓  
Effect

Cause  
↓  
Effect

Disjointed Viewpoint

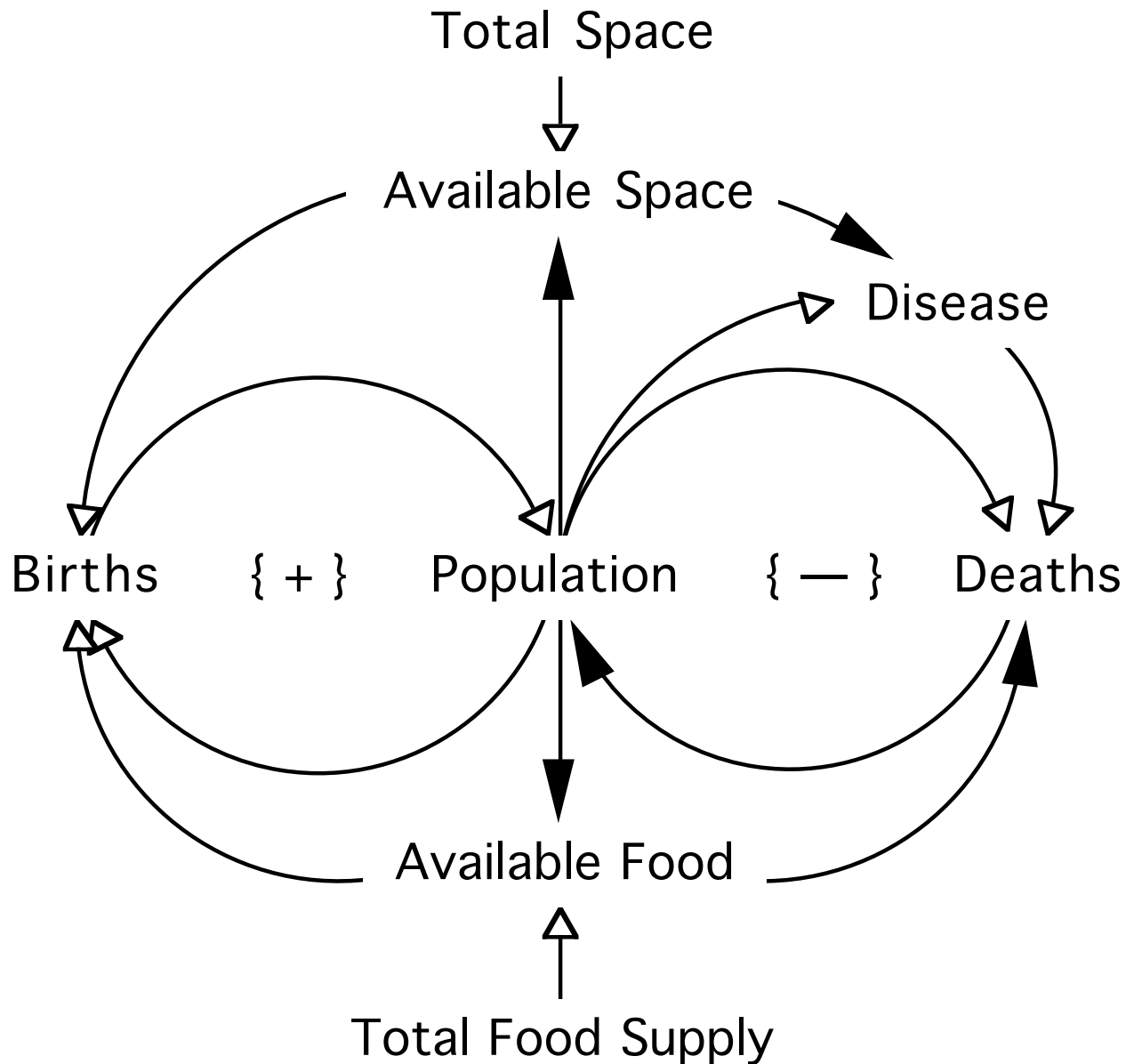
Cause → Effect/  
Cause → Effect/  
Cause → Effect

Linear, Control Viewpoint

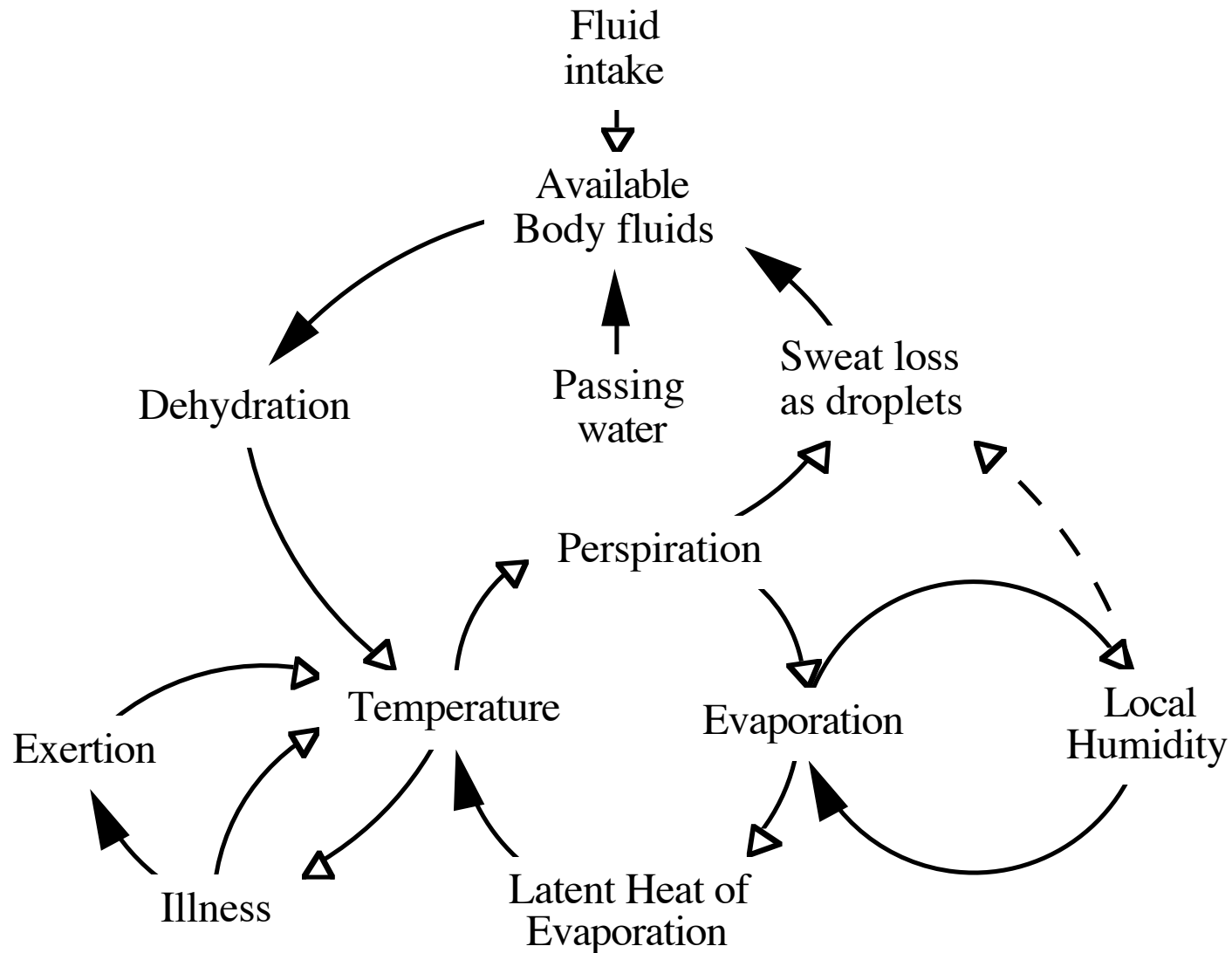


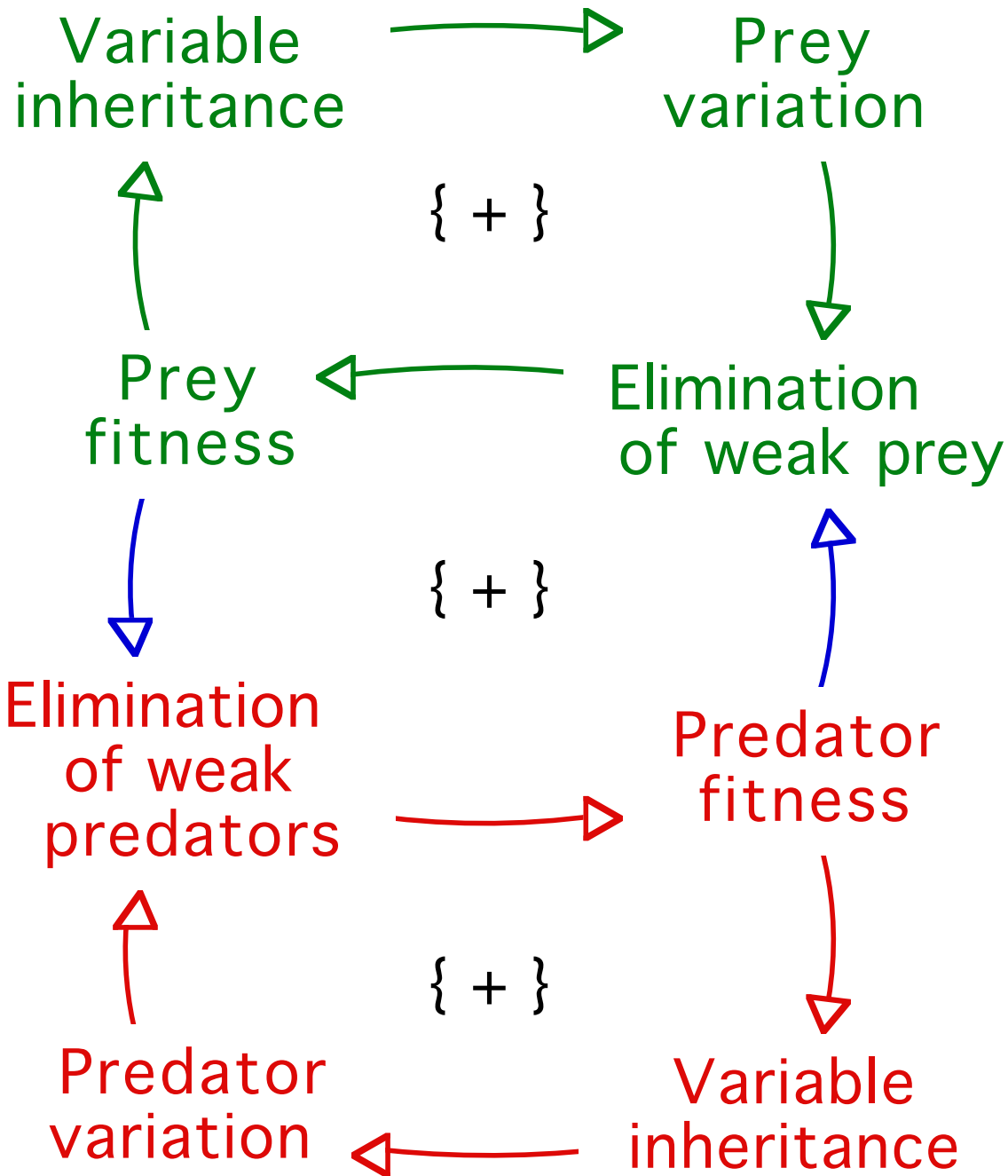
Causal-loop, Non-linear  
Feedback Viewpoint

# Systems Thinking – *Resources*



# CLM of Body Temperature Regulation

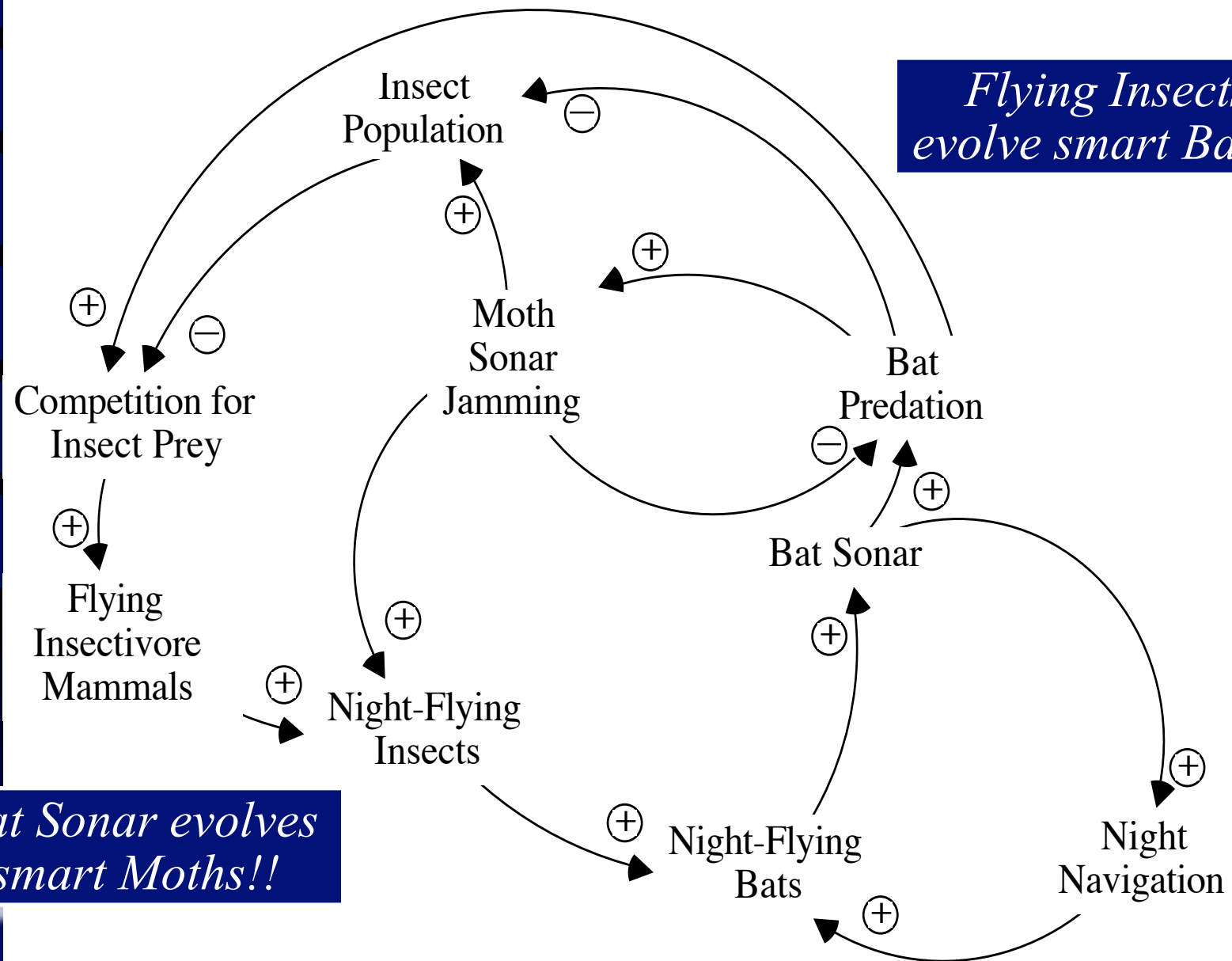




# Darwin

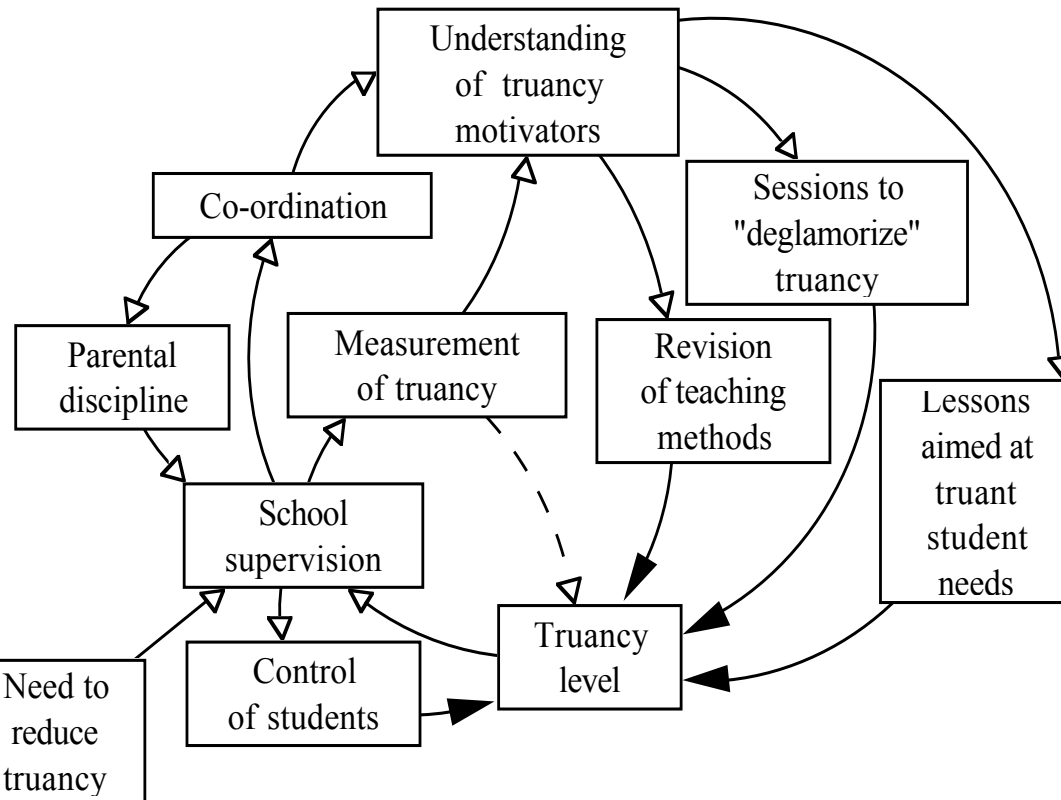
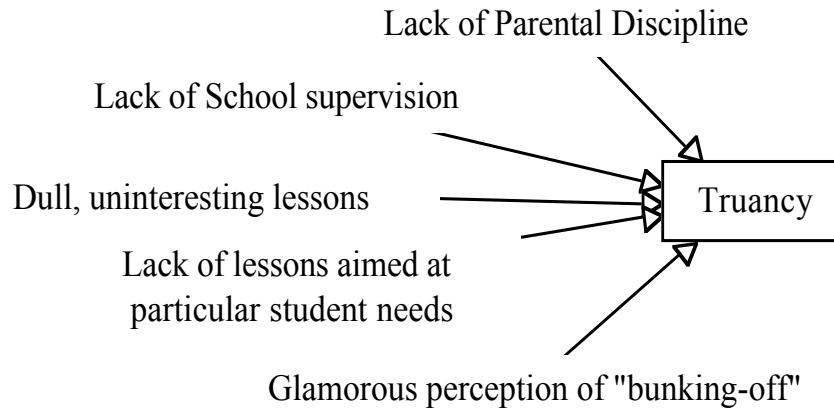
Survival of the Fittest

# Nature's Co-evolution – Moths & Bats





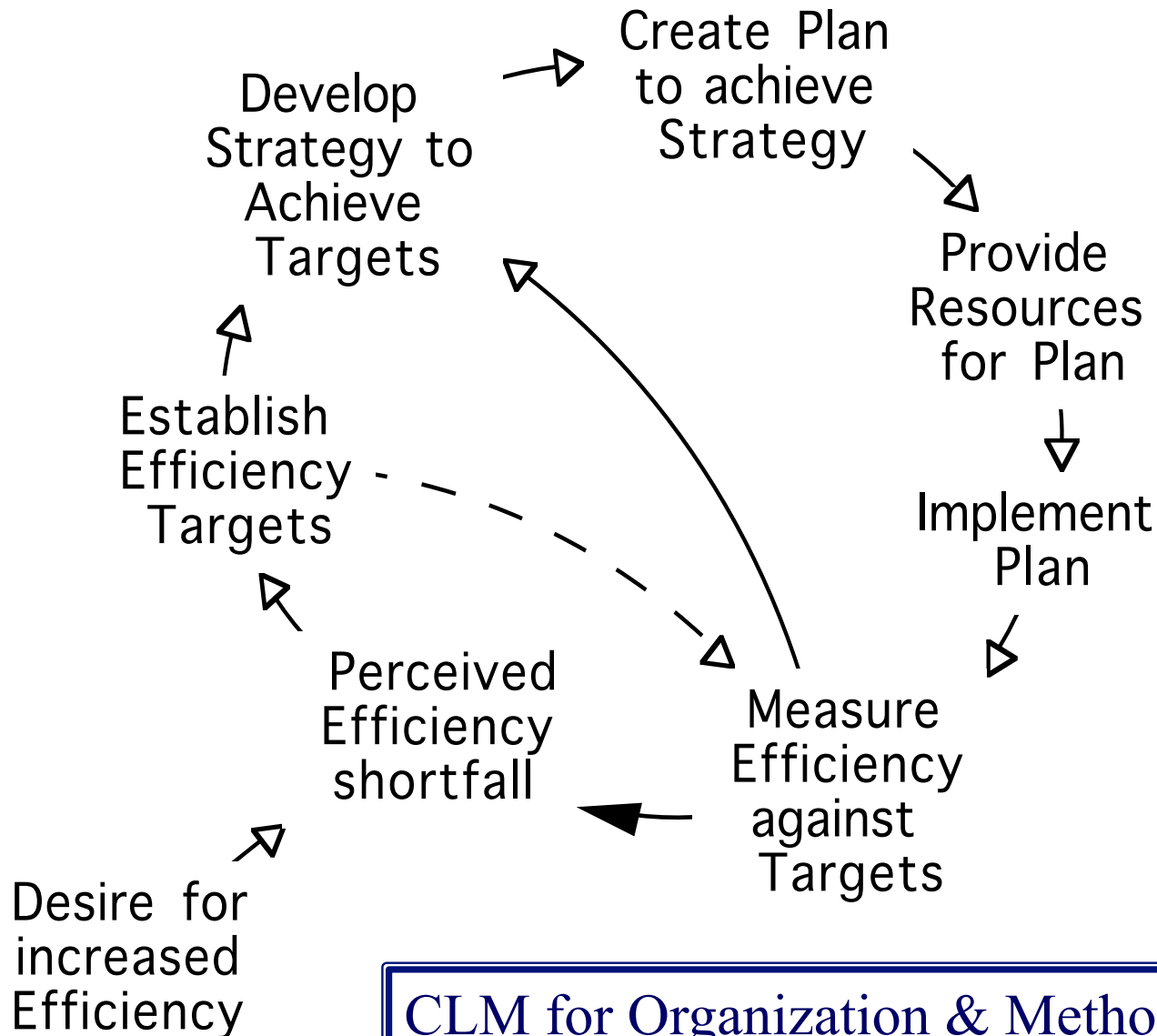
## Laundry List

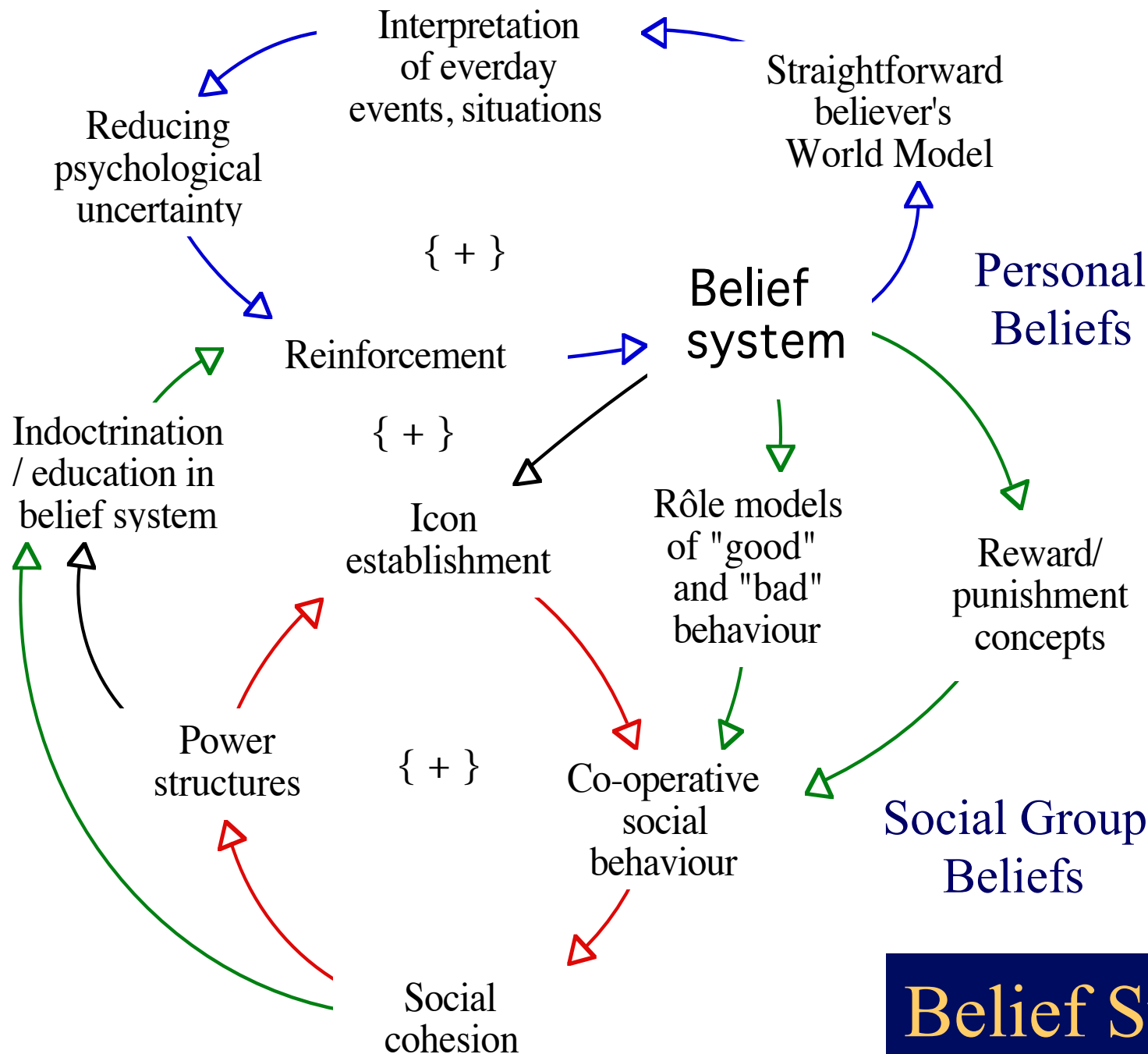


## Truancy

- CLM developed to explore possible solution to school truancy.
- A model of “how it might work...”

# Efficiency





# Belief Systems

# Systems Thinking – *Queues*

- Simplified and generalized...
  - No mention of any technology...
  - No mention of who or what is queuing...
- Concerned only with:
  - What a queue *is*
  - Different ways in which queues can *behave*
  - *Outcome* from differing behaviours
- So, systems thinking about queues applicable to:
  - Supermarket checkout, Wimbledon...
  - Serial data highways, data links...
  - ...anything where queues form...

# Systems Thinking – *Queues*

- Traditionally used mathematics:
  - $\lambda$  mean arrival rate of items in the queue
    - (exponential distribution)
  - $\mu$  mean rate of items being serviced
    - (exponential distribution)
  - Mean channel utilization =  $\lambda/\mu = \rho$
- Then, number in  $Q = \rho/(1-\rho)$ 
  - E.g. if  $\rho = 0.5$  then  $Q$  contains 1 item on average
- And, number in  $Q$  *and being serviced* is  $1/(1-\rho)$ 
  - E.g. if  $\rho$  is 0.5 then = *number in system* is 2.
- But, when  $\lambda = \mu$ , then  $\rho = 1$ , and  $Q = \infty$
- Maths for multiple  $Q$ s can get tricky...

Service Sum 18

Arrival Rate Queue Entry Rate Service Rate Service Sum

Mean Time 1.4

Leakage Sum 1

Distributed Rate

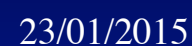
Mean Arrival Rate

Mean Leakage Rate

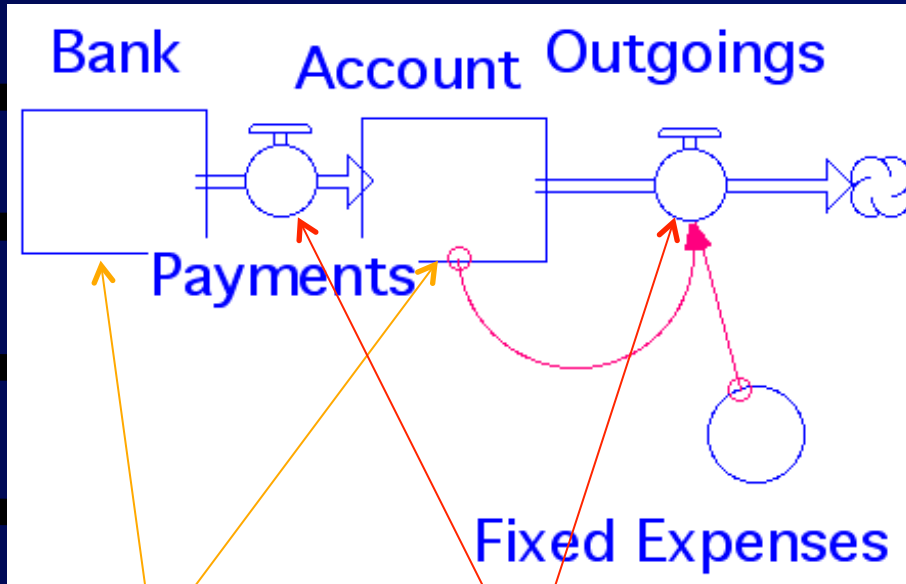
Leakage Rate

Service Channel

- Control panel at right:
  - Vary  $\lambda$  and Mean Leakage Rate  
➔ Mean Service Rate,  $\mu$
- Graphs for Service & Leakage Sums
  - Graph for Mean Time end-to-end.
  - Graph for number in conveyer
- Experiment with various queuing parameters and many runs.
- Hence build models of serial / parallel queues for more complex applications...



# System Dynamics...

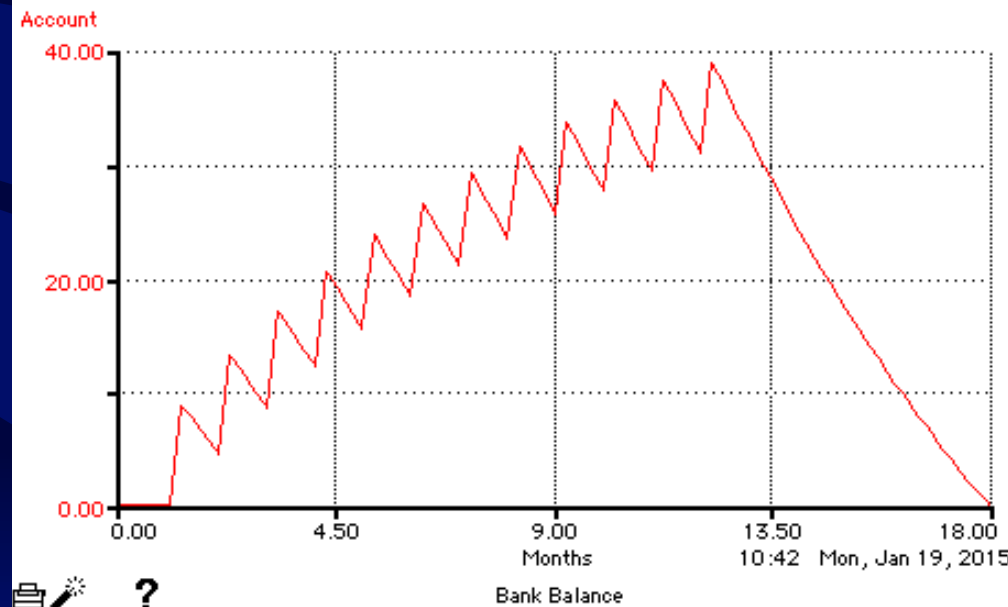


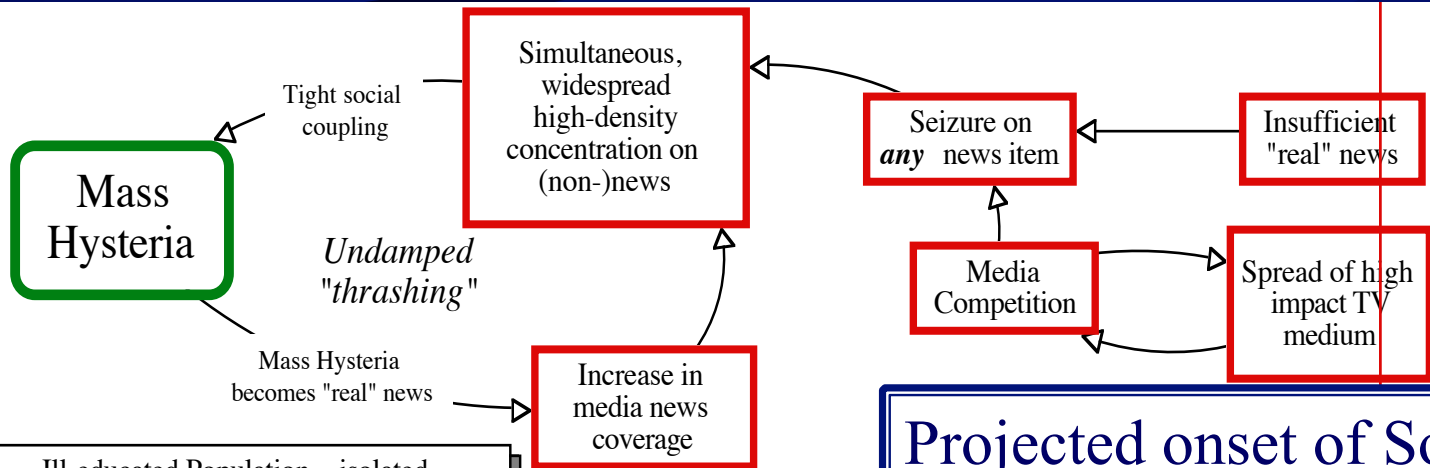
Reservoir

Tap  
(flow control)

- Broke! ...got a job!
- 12 equal end-of-monthly payments,
- Fixed monthly outgoings.
- Broke again(!) in 18 months!

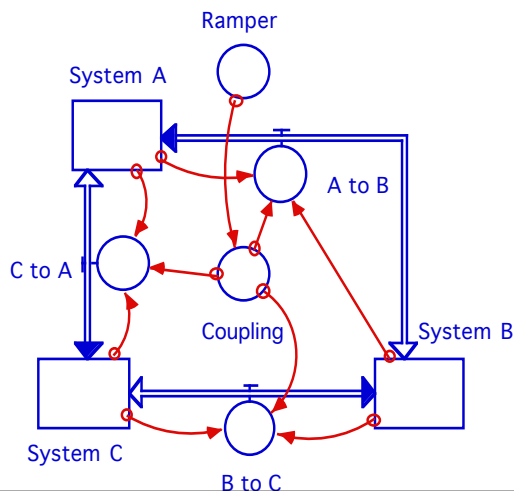
- ...using STELLA<sub>TM</sub>
  - Systems Thinking
  - Environment and Learning
  - Laboratory Approach
  - ...says it all!





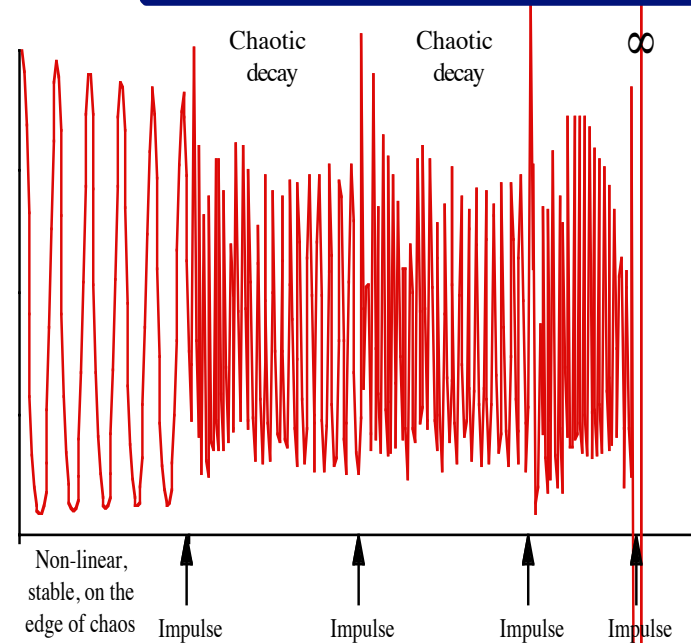
Ill-educated Population—isolated individuals, not societies—no Beliefs, faith to fall back on. All fed same news, repeated and repeated *ad nauseam*. Reaches wide, dense population of individuals all at the same time. Result—shock to system already "on edge of chaos". Shoal/herd behaviour.

## Projected onset of Social Chaos...and Collapse!



## Self-Induced Media Feeding Frenzy

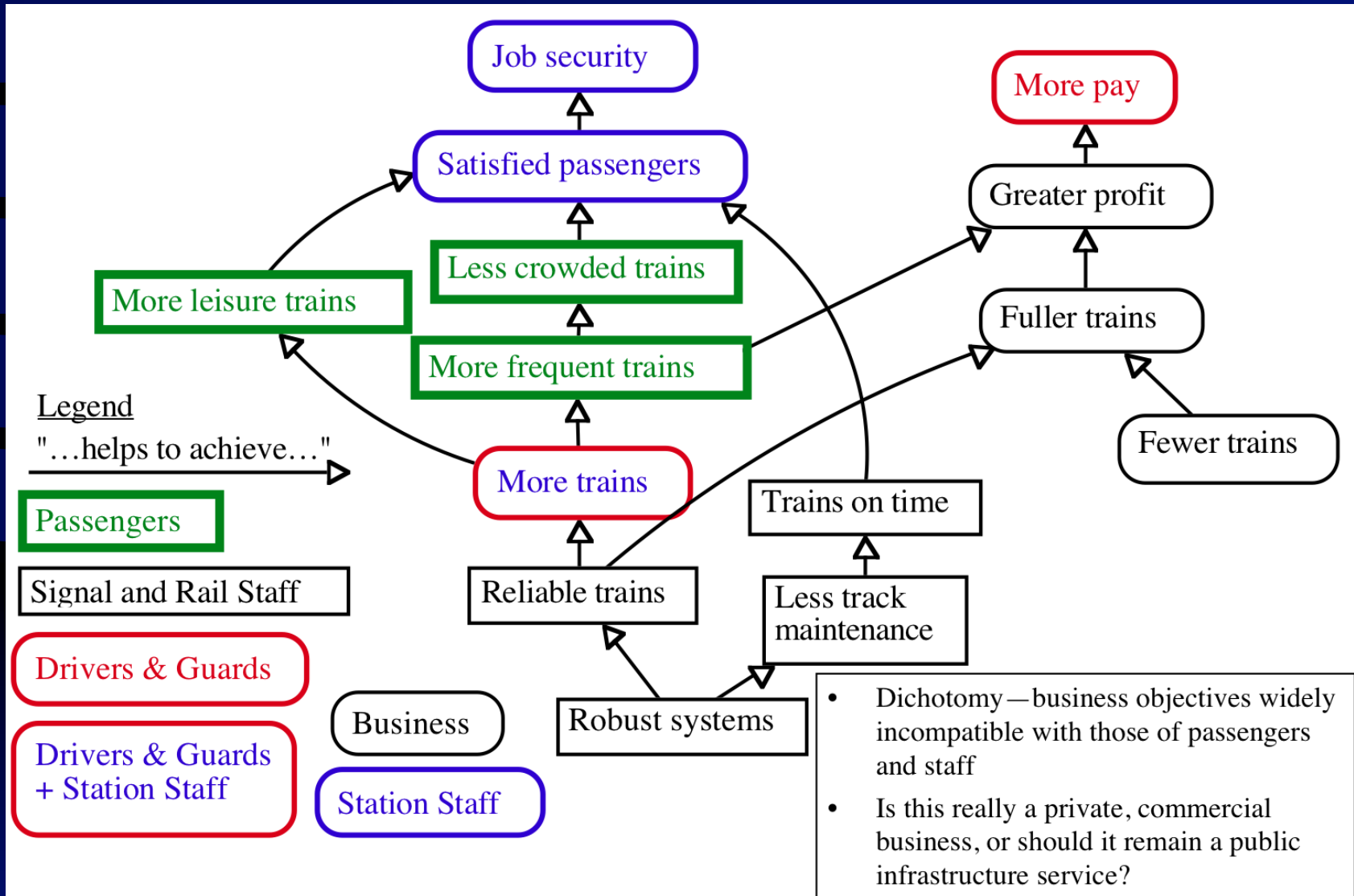
1: System A



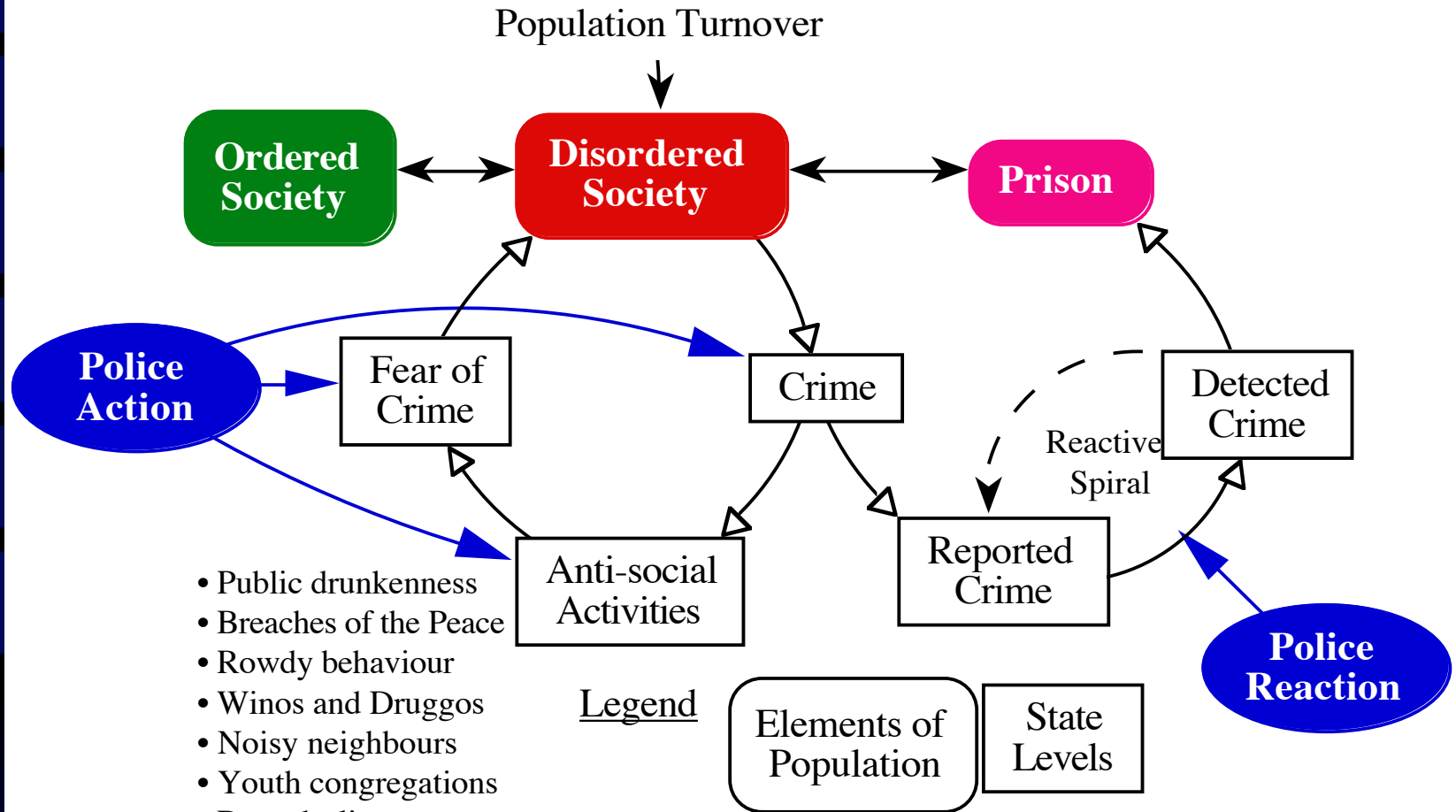
Each impulse increments prior turbulence, until final impulse cause total instability



# Interpretive Structural Modelling: Railways—Stakeholder Analysis!



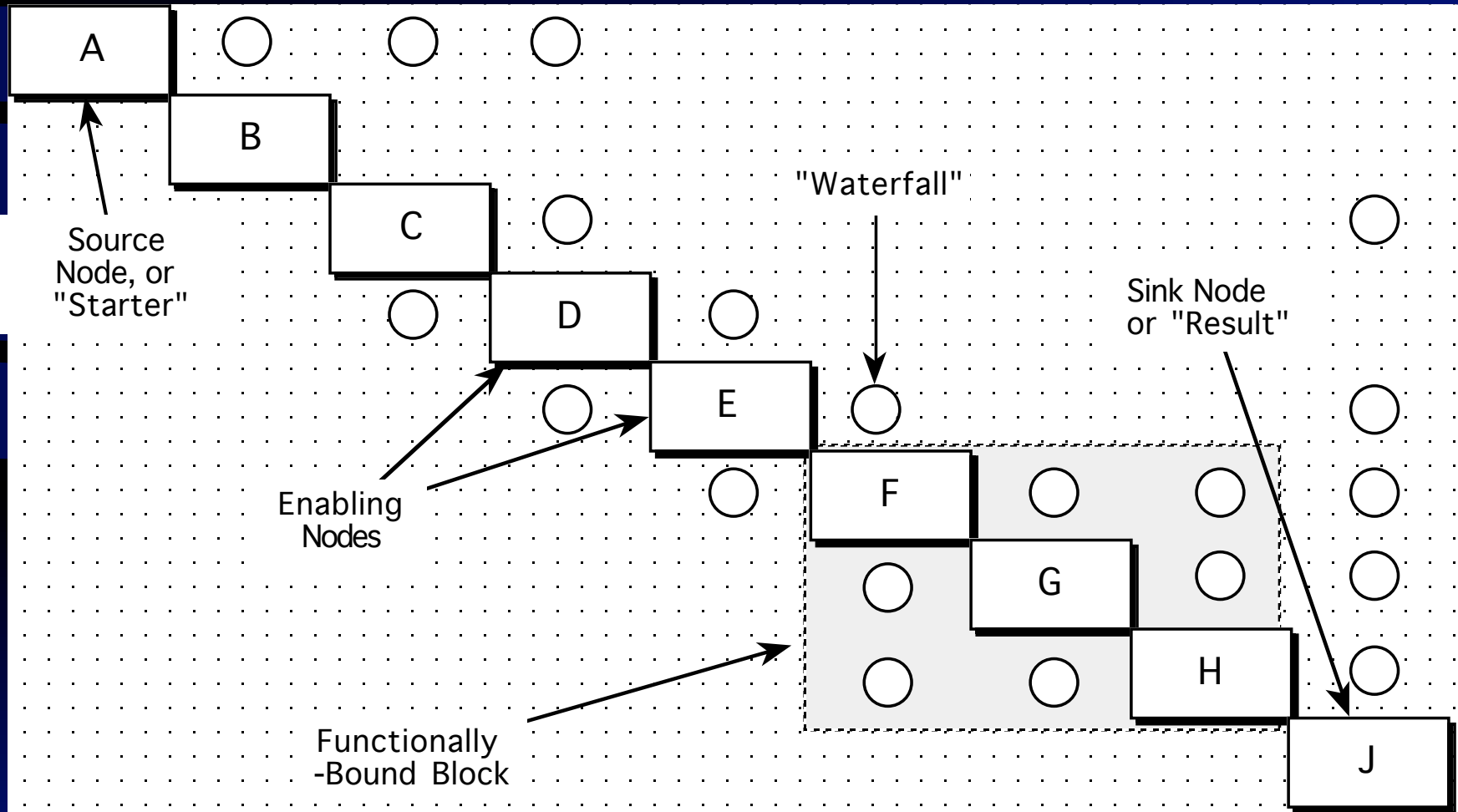
# Modern Policing



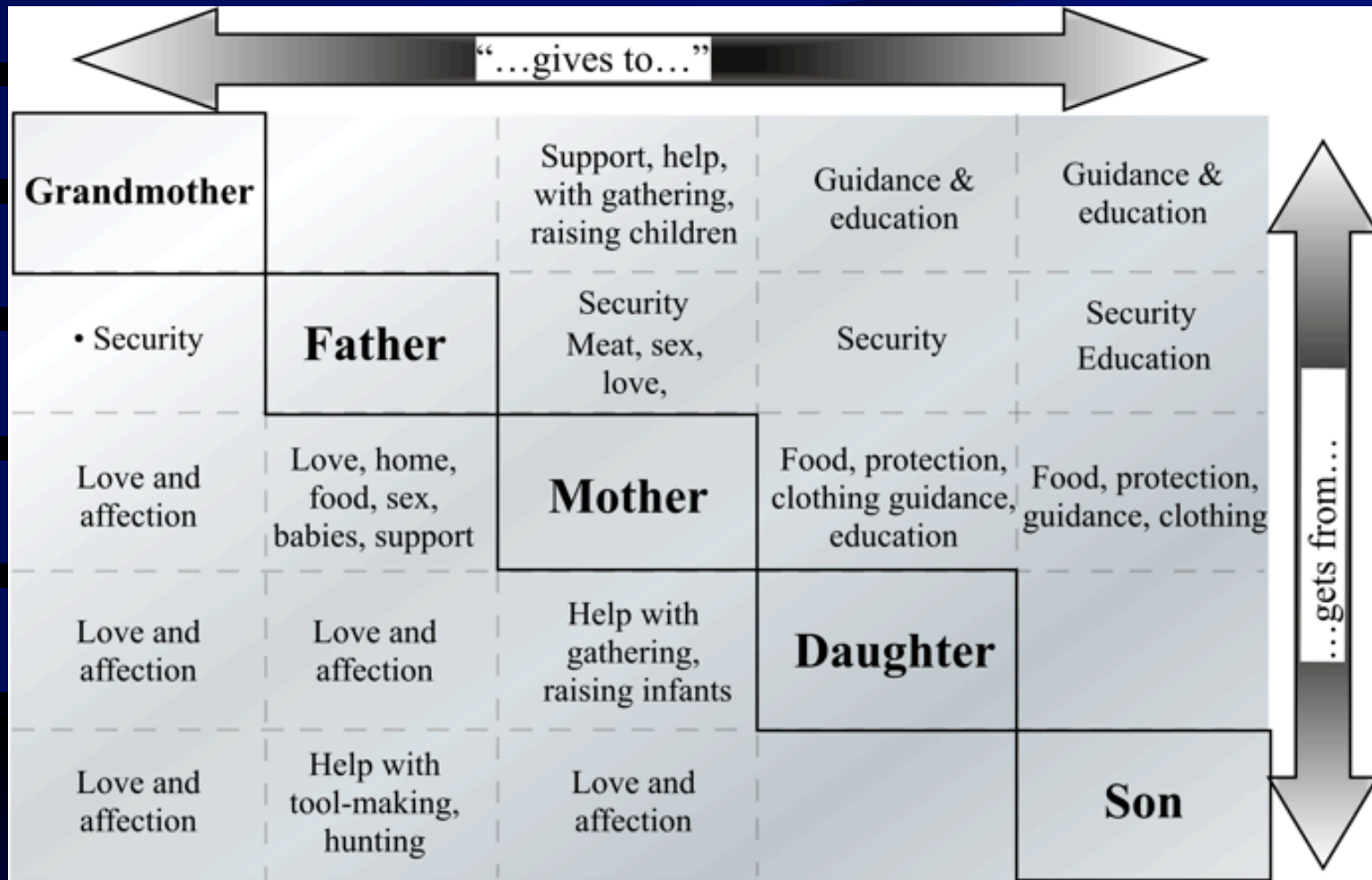
$$\text{Disordered Proportion, } p = \frac{\text{Disordered Society}}{\text{Ordered Society} + \text{Disordered Society}}$$

# N2 Chart Interface Patterns...

- Leading diagonal shows *internal* functions/subsystems of one system...
- Circles represent interfaces; border represents permeable boundary
- Whole represents functional architecture of system-in-context



# Example N2 Chart...Hunter-Gatherer Family



- Overview of whole system of interacting (sub)systems... shows “how it works as a whole, how they work together, cooperate...to create secure family home.”

# Unclustered N2 Chart

- Channel Tunnel N2 Chart for notional Crisis Management System (1988)
- Direct readout from CADRAT© Tool

Damge Cntl	1	N				6			6
Inter pol	2		D	3		9	3 3		
Activ Sens	3			H		8 8		8 9	
En vir. Sens	4			G		8			9
Customs	5		3		B 3	7	1 3		
Bag.In sp	6				6 C				
Safety Cntl	7					I			2
Rail Ops	8					9 0			9
Intel	9						J		9 8
Logistics	10	2					L		2 6
Immgrtn	11		6		1	7	A 6		
Local Pol	12		6		2	9	2 E	1 4	
Emgy Svcs	13							F	4
Security	14			1		7 7	3	M 8	
Operations	15	9	1 2			9 7 5	4 4 9	K	

# Clustered N2 Chart

- Minimized configuration entropy – reveals functionally bound blocks (candidate subsystems) and Operational Node at Operations, 10-K

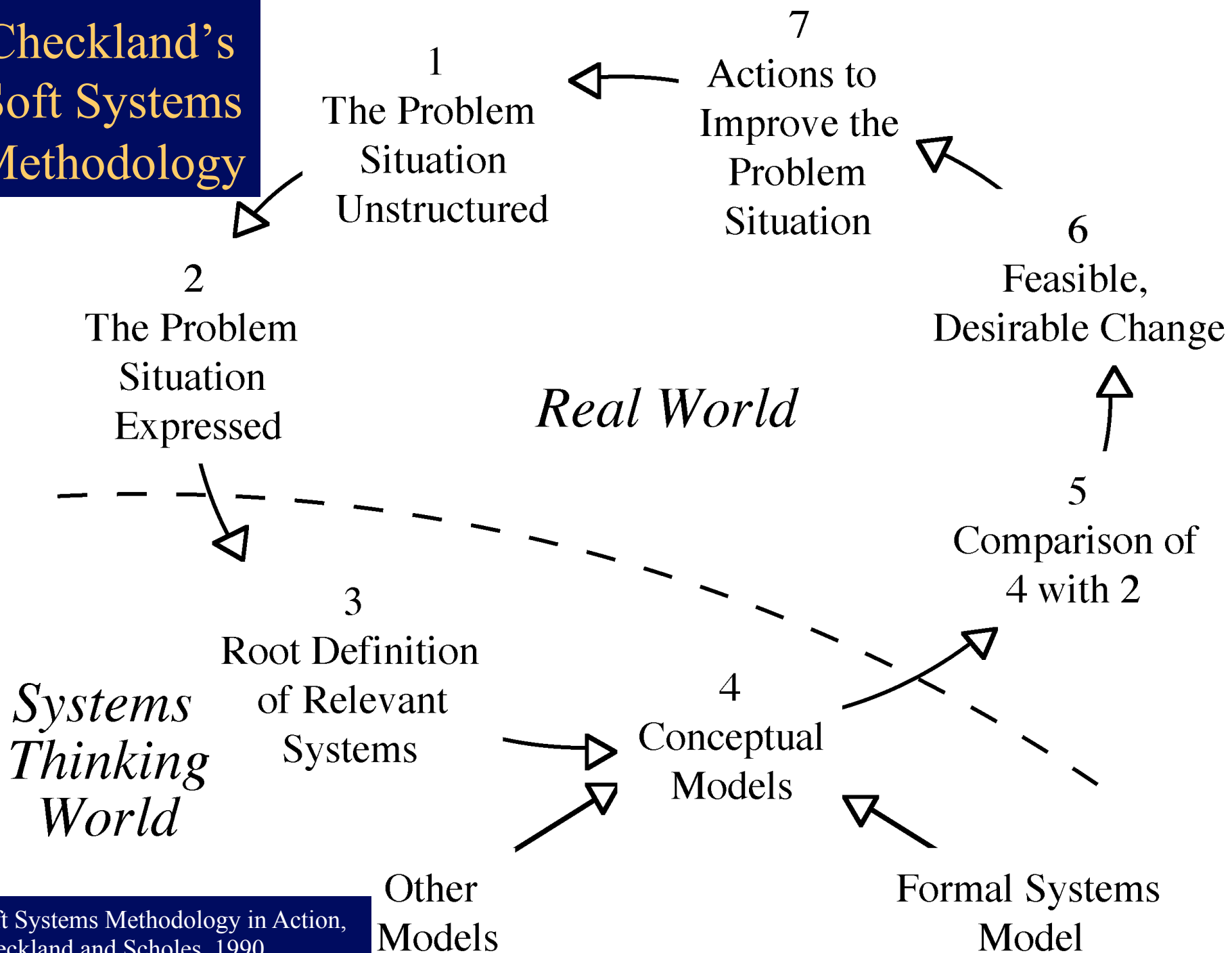
Bag. In sp	1	C	6																	
Customs	2	3	B	1	3	3	7													
Immgrtn	3		1	A	6	6	7													
Inter pol	4		3	3	D	3	9													
Local Pol	5		2	2	6	E	9			1	4									
Intel	6						J			9	8									
Emgy Svcs	7							F			4									
Activ Sens	8						8		H	8	9	8								
Security	9					3	7		1	M	8									7
Operations	10					4	5	4	1	9	K	7	9	2	9					
Rail Ops	11										9	0	9							
Safety Cntl	12										2		I							
Envir. Sens	13										9	8		G						
Damge Cntl	14										6						N	6		
Logistics	15										2	6						2	L	

Clustering method employed genetic algorithm to “tease out” optimum configuration, revealing architecture

A few of a wide variety of...

# METHODOLOGIES...

# Checkland's Soft Systems Methodology





# Checkland's SSM

- SSM: built around seven-stage model. Analyst addresses problem situation from two perspectives: what is actually happening in the situation being analyzed (the Real World); and what could/would/should be happening in an Ideal World.
- 2. Picture of the problem situation—precursor to possible purposes for a system: can either be a new system designed to alleviate the problem or a redefinition of an existing system
- 3. A **root definition** is developed for each system that describes six key aspects of that system, CATWOE:
  - ‘*Customers*’ of the system –victims or beneficiaries of transformation that system carries out.
  - ‘*Actors*’ within the system – those who carry out the transformation.
  - ‘*Transformation process*’ carried out by the system –in converting input to output.
  - *Weltanschauung* –worldview that makes transformation meaningful in context of the system.
  - ‘*Owners*’ of the system – those with the authority to stop the transformation process.
  - ‘*Environmental constraints*’ – elements outside the system that it takes as given.
- 4. Each root definition elaborated to produce *conceptual activity model*: includes core activities to service needs of root definition.
  - Elaboration: results of systems thinking rather than of explicit reference to existing organizations and processes; exposes only those activities that are logically necessary.
- 5, 6, 7 Feasible actions to improve situation...based on differences between Real & Ideal

# Hitchins' Rigorous Soft Methodology

## RSM—Seven Steps to...

**Step 1.** Appreciate broad area of concern

**Step 2.** Find the symptoms causing concern

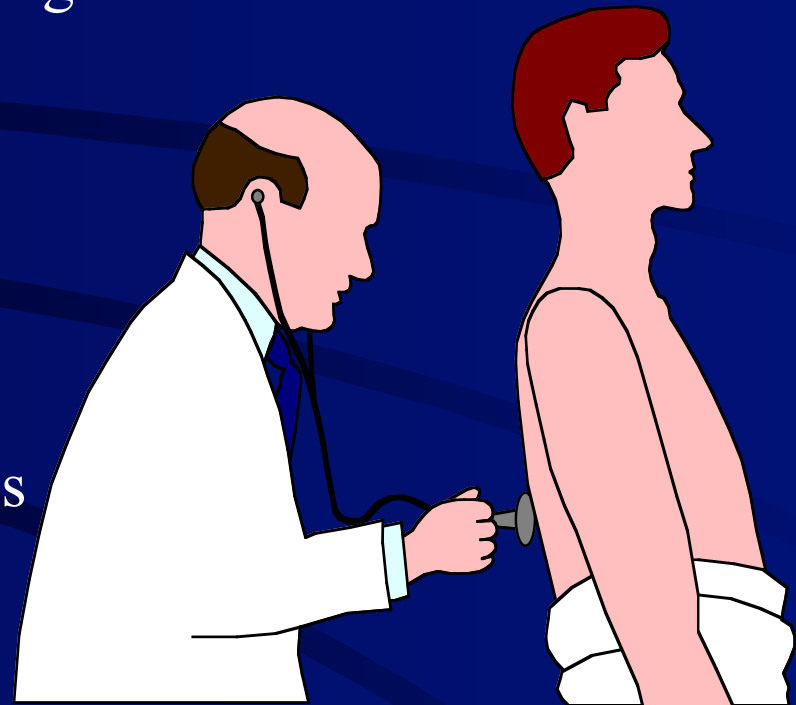
**Step 3.** Find suspect *implicit* systems (c.f. organ systems)

**Step 4.** Group suspect *implicit* systems into sets

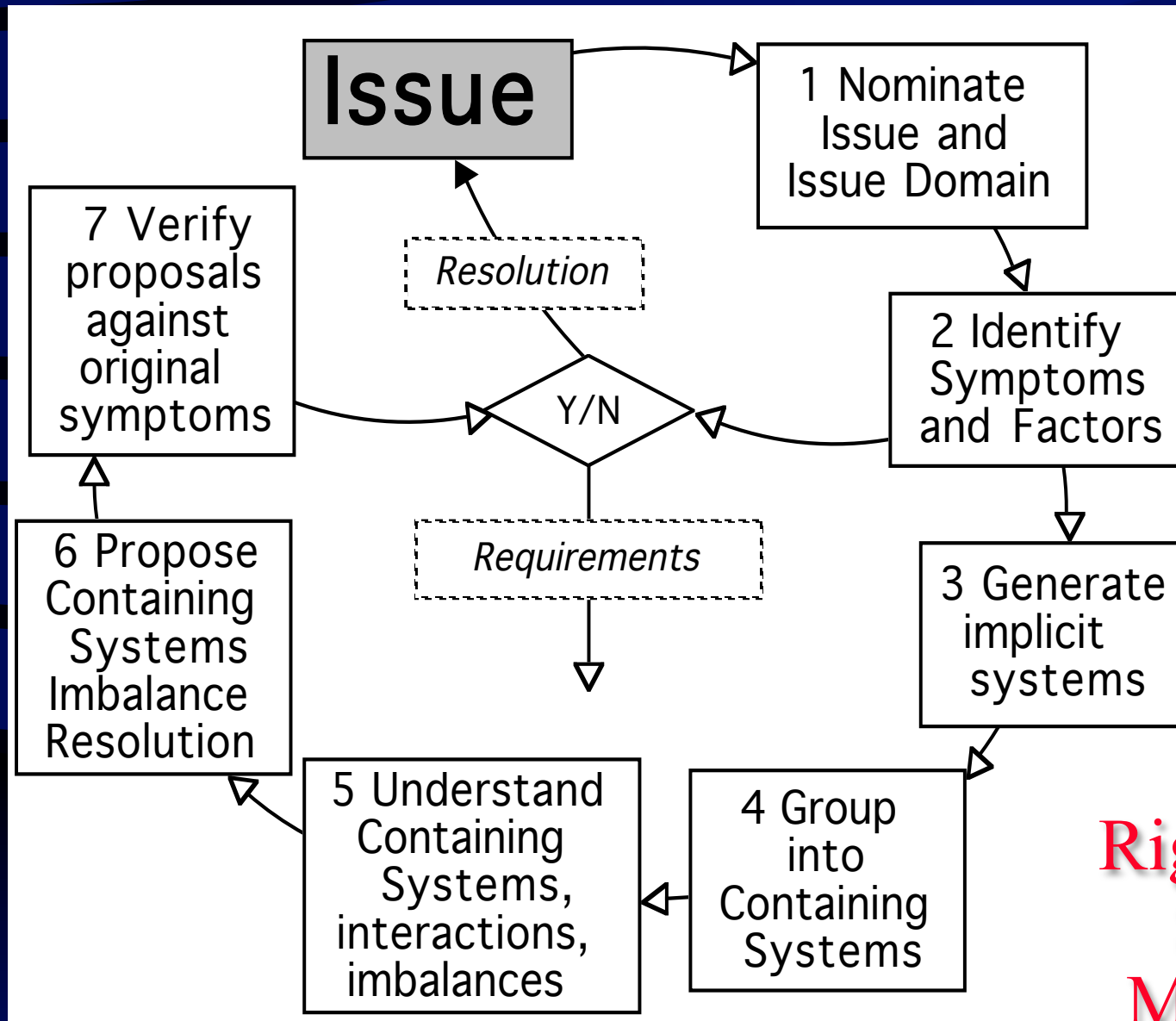
**Step 5.** Highlight set deficiencies compared with ideal

**Step 6.** Propose remedy

**Step 7.** Check remedy eliminates *all* symptoms

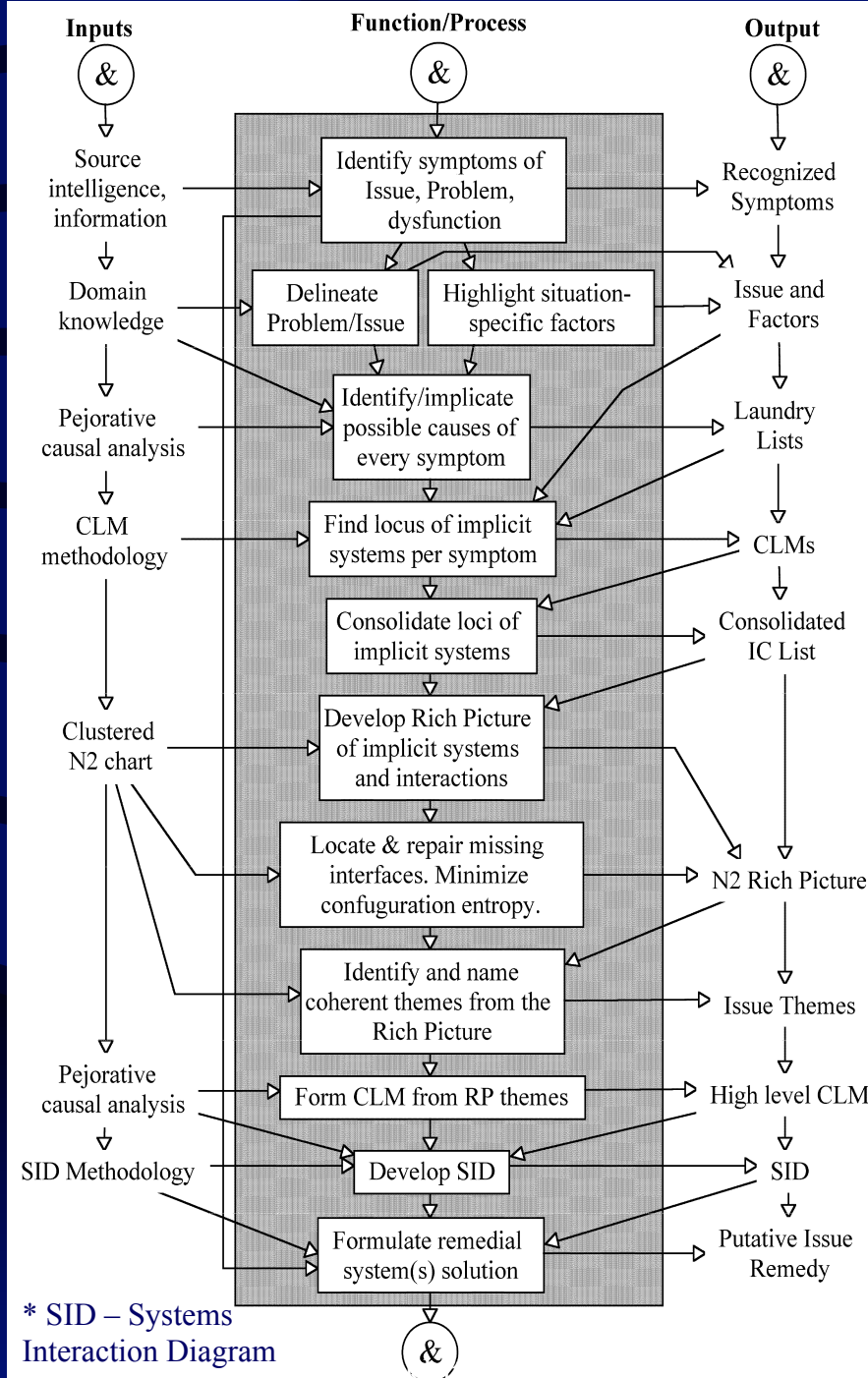


**“THE GP APPROACH”**



**Rigorous  
Soft  
Method  
— Graphic**

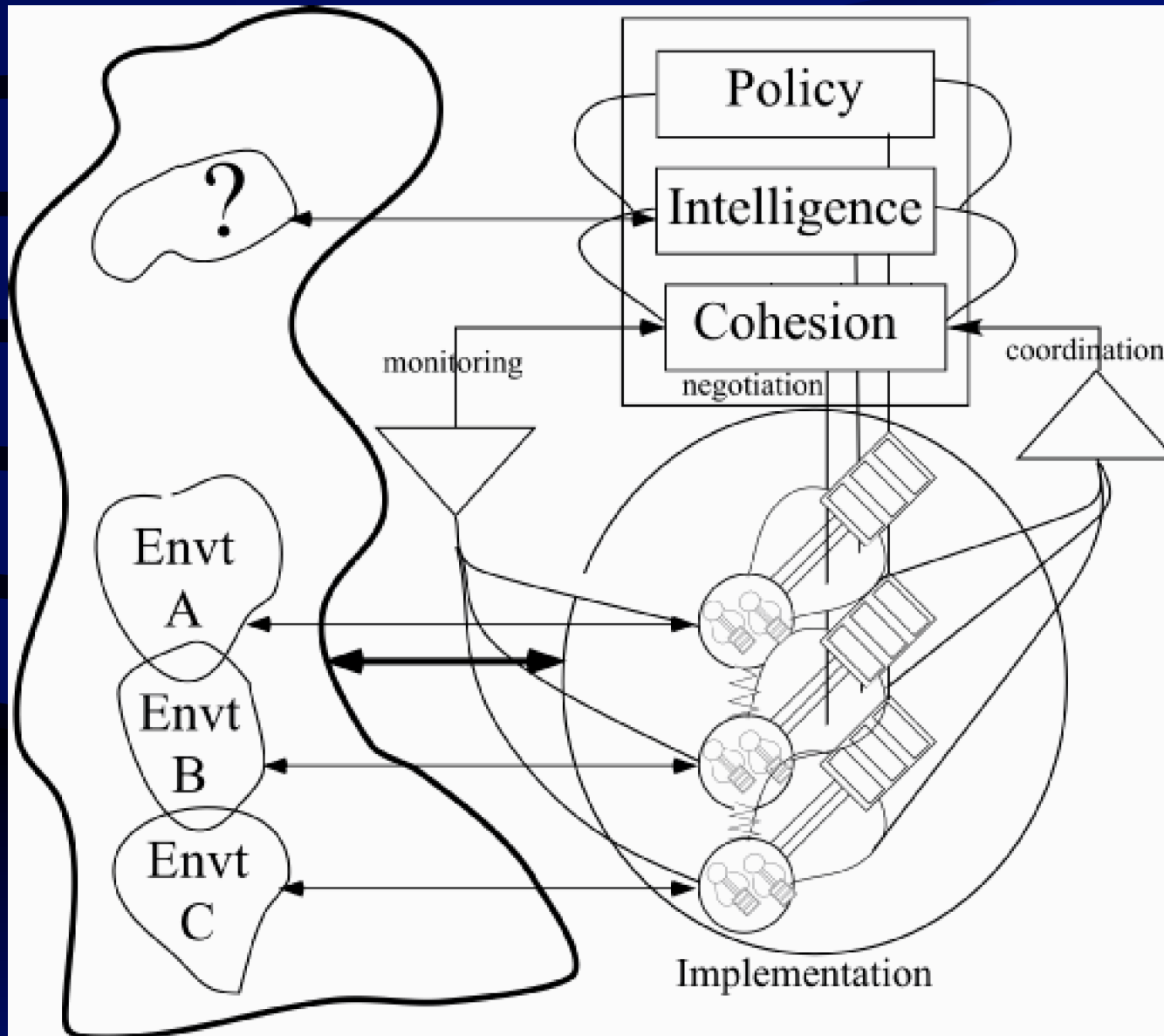
- Horizontally, a sequence of IPO (Input-Process-Output) figures
- Vertically, a column of functions/activities forming a central process
- Input column shows data, tools and methods
- Output column shows Deliverables
- Whole may be elaborated, with each level forming a new Behaviour Diagram...
- Altogether exceedingly powerful method of thinking, and expressing!



# RSM as a Behaviour Diagram (another approach to systems thinking)

Systems Engineering: A 21<sup>st</sup>  
Century Systems Methodology  
Derek Hitchins, 2007

# Beer's Viable Systems Model



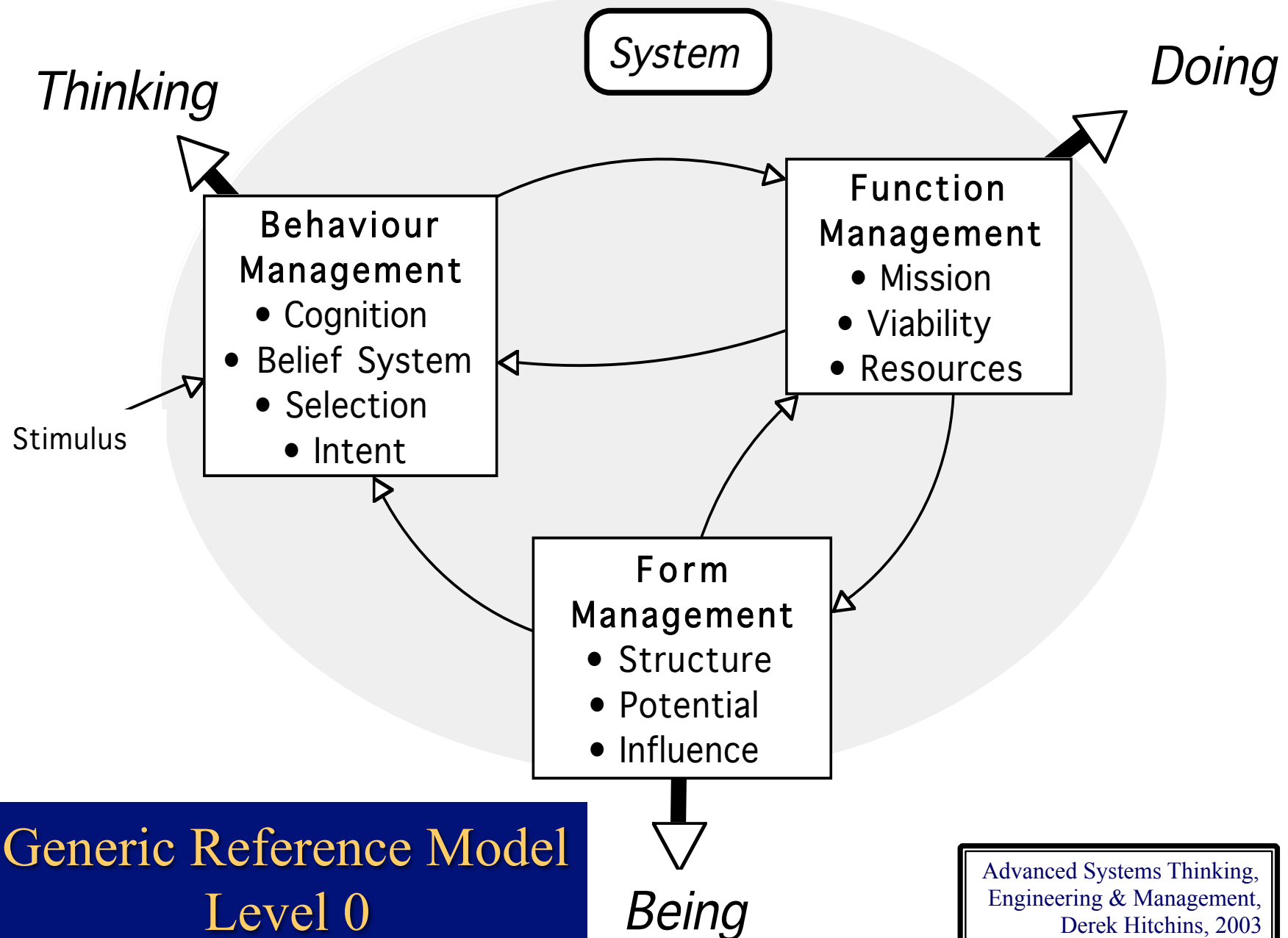
# Beer's VSM

- Beer developed a model of management control based on his understanding of the human nervous system: this is the Viable Systems Model (VSM), for an autonomous system. The model is recursive:
- The large circle represents **System 1** of the five systems.
- **System 2**, 'Coordination,' coordinates System 1 (Upward Arrow)
- **System 3** is about overall Cohesion .
- **System 3\*** is about monitoring. (Downward Arrow)
- **System 4 (Intelligence)** is concerned with looking forward into some future environment (question mark in the figure).
- **System 5's** (Policy) functions include setting context, establishing corporate identity and 'providing closure to internal dialogues.'



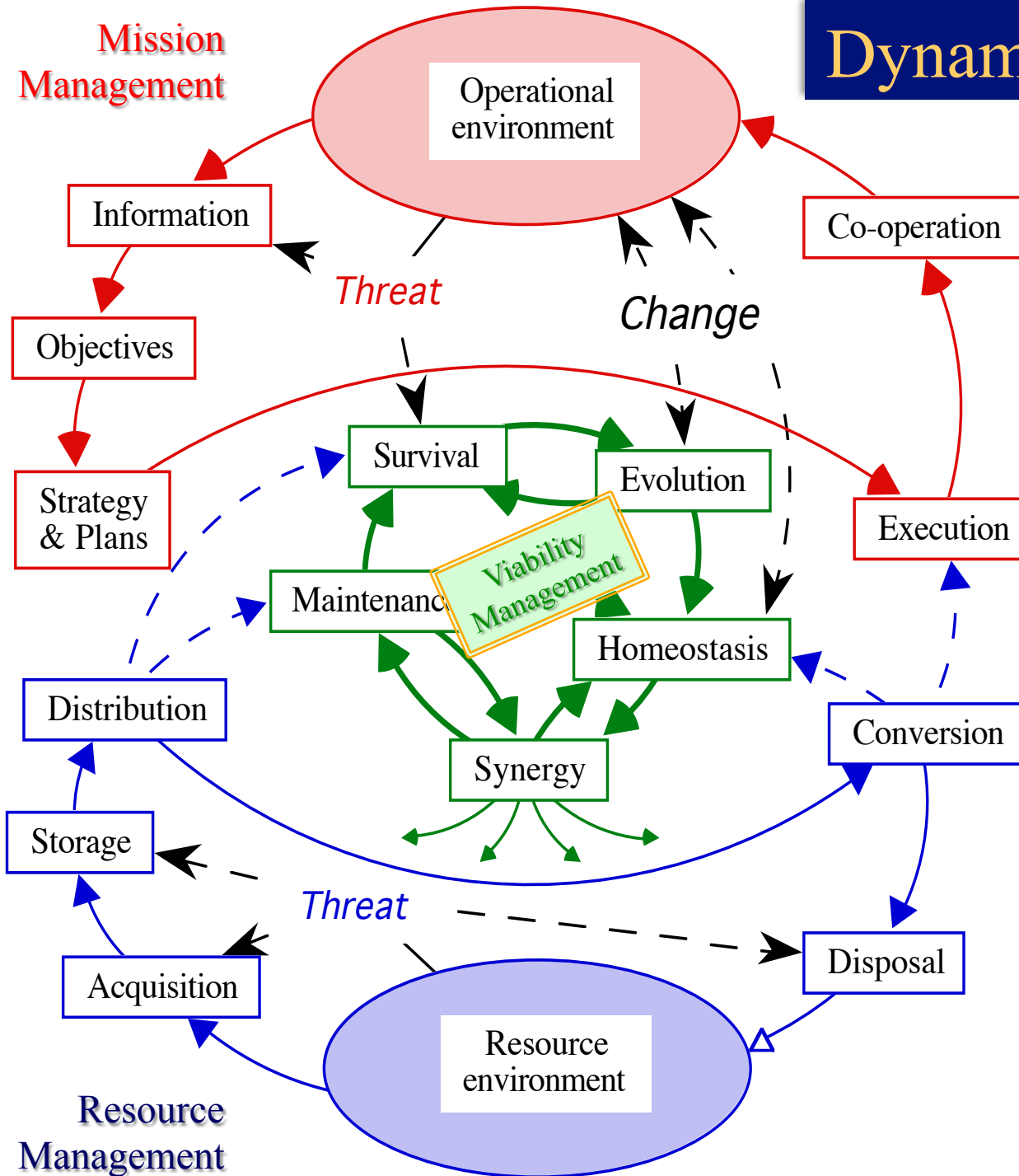
# Hitchins' Generic Reference Model

- Reference Model of any system
- All systems Exist, have Being
  - Solar system
- Some systems also Do things, Function
  - Elevators, transport, clocks, generators...
- ...and some systems Think and Behave...
  - respond to stimulus, Nature Vs. Nurture...
  - Humans, Elephants, Cetaceans, car-with-driver...
- Any system is a selection/combination of the three: Being, Doing and Thinking/Behaving
- Open Systems face continuing *flux* of energy, information and substance, yet maintain *Viability*
  - ability of a thing to maintain itself or recover its potentialities.



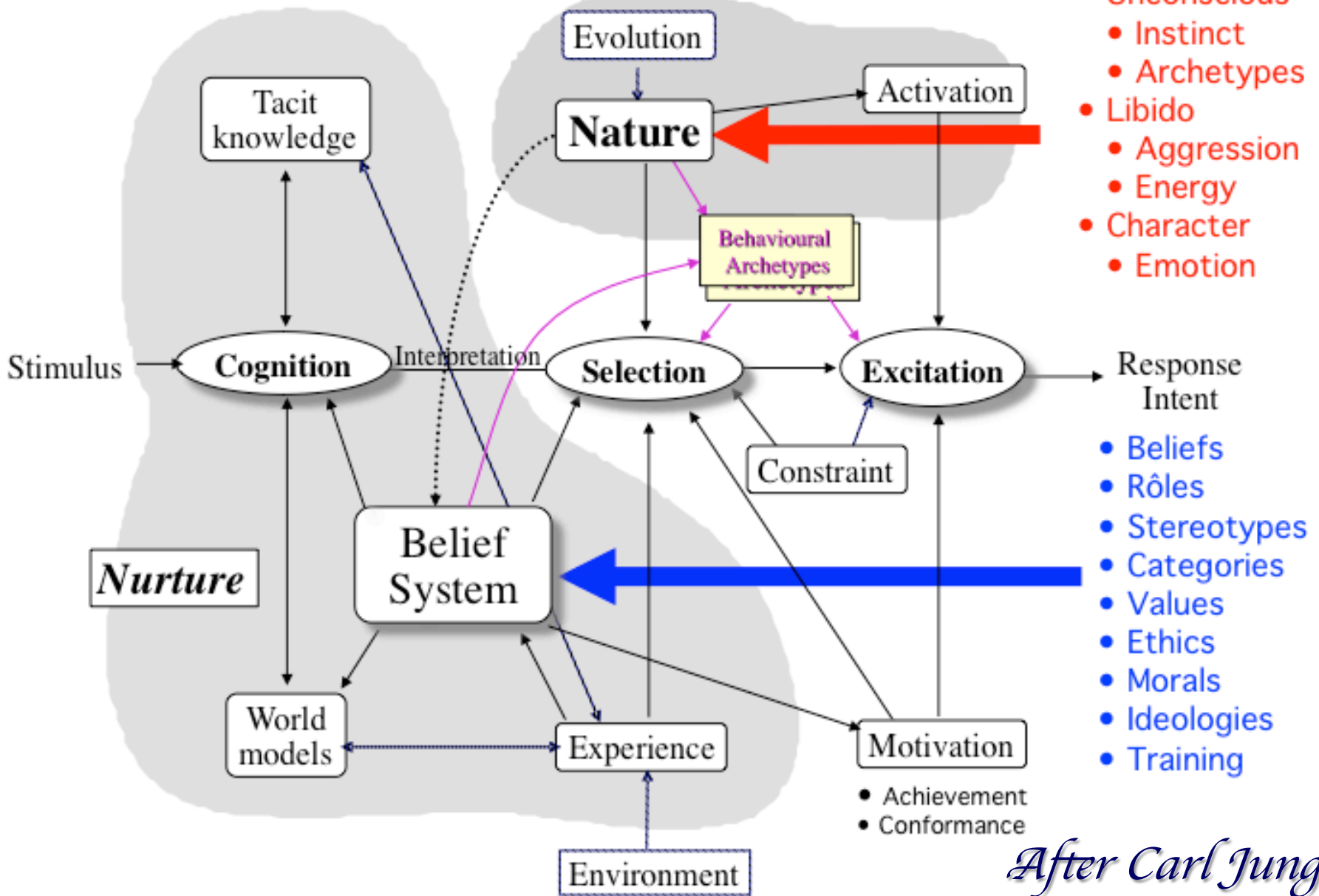


# Dynamic GR(Function)M



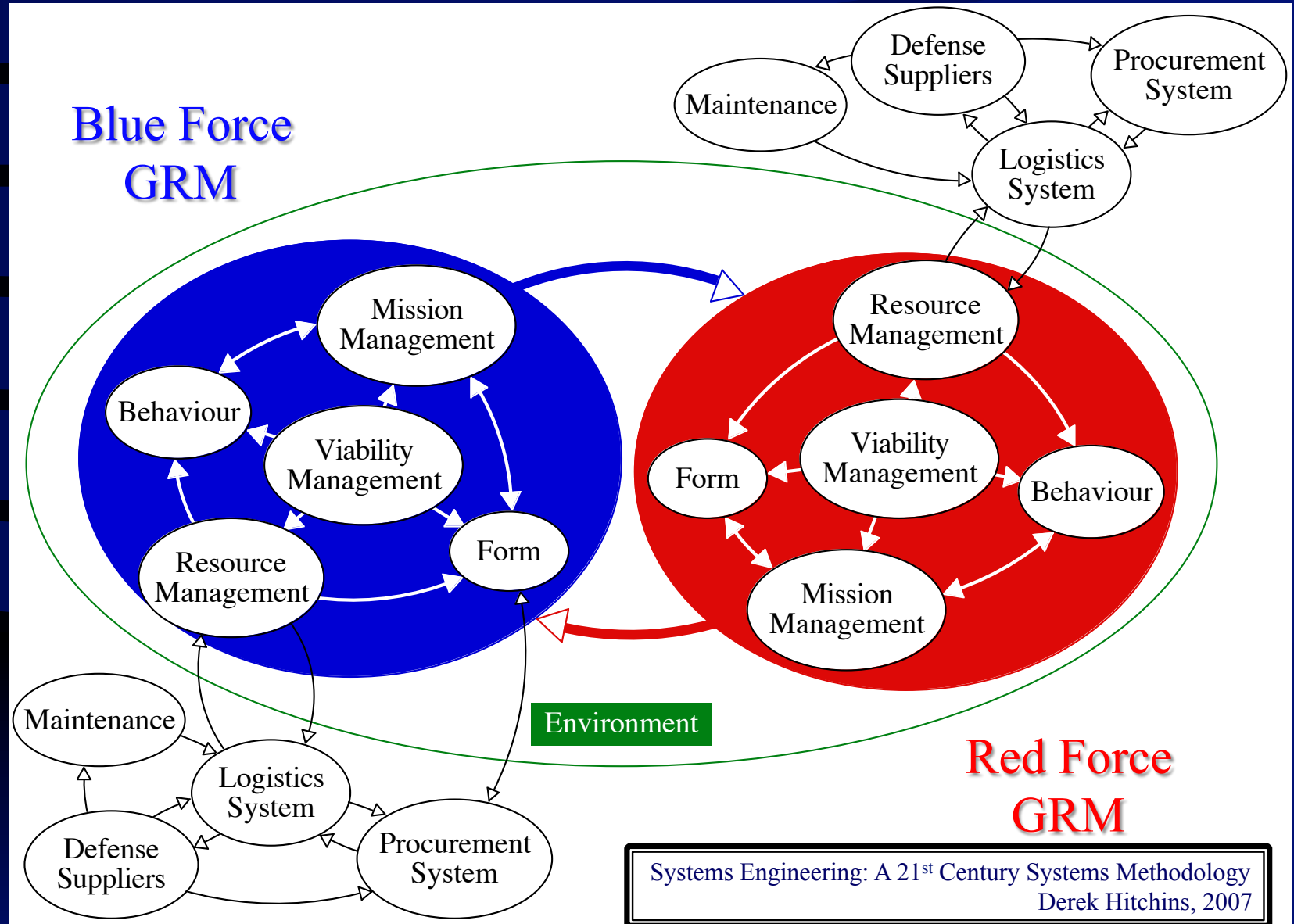
- 3 elements seen in respective “environments”
- Viability provides platform for Mission Management
- Resources provide energy & materials for Viability and (internal) operations
- Threats to Mission Management, Resource Management
- Change challenges Homeostasis (resist) and Evolution (adapt)
- Open System *Flux* of energy, information and substance “managed” in Mission and Resource Management

# GRM Behaviour Model



*After Carl Jung*

# Hitchins' Generic Reference CLM in Conflict...



Systems Engineering: A 21<sup>st</sup> Century Systems Methodology  
Derek Hitchins, 2007

# Conflict Simulation

- CLM Red and Blue Forces each represented by a full GRM in STELLA™, instantiated with appropriate values for combat
- Forces, one GRM each, then interconnected through a representative environment...
- ...let (simulated) battle commence...

# Conclusion

- Systems Thinking—vast subject
  - surface only scratched here
- Principal ideas and methods and methodologies shown, but...
- There are many more to be discovered, some rigorous, others less so...
  - challenge: to get to the *heart* of the matter
- However, a most rewarding and *useful* exercise...